# > HELPING BUSINESS GET BACK TO WORK



## **COVID-19 Safety Plan**

#### Version 4 - Updated October 2021

#### Community sporting competitions and full training activities

We've developed these template responses for the NSW Health COVID-19 Safety Plan to help you create and maintain a safe environment for you, your workers, volunteers and your visitors.

The suggested answers below are merely suggestions – your organisation is responsible for its own responses, and will be responsible for ensuring that the completed plan is followed.

The organisation should complete this plan in consultation with your workers and volunteers then share it with them. Once your plan is submitted, you are required to ensure your workers and/or volunteers follow it.

The suggested answers in this template can be cut and pasted into the NSW Government's form here: <u>https://www.nsw.gov.au/form-master-page/covid-safety-plan/outdoor-events-covid-19-safety-plan</u>

On completion of this plan on the NSW Government site, you can get your plan emailed to you. You must keep a copy of the plan available for inspection at your club at all times.

Organisations must follow the current COVID-19 Public Health Orders and manage risks to staff and other people in accordance with Work Health and Safety laws. For more information and specific advice for your industry go to <a href="https://www.nsw.gov.au">www.nsw.gov.au</a>

| Business details   |  |
|--|--|
| Business name  | Northern Suburbs Football Association              |
| Business location (town, suburb or postcode)               | Suite 2, 4 – 10 Bridge St, Pymble, 2073, NSW.      |
| If your business has multiple premises, complete a         | Multiple locations – Representing 30 members Clubs |
| Safety Plan for each location. Provide contact details for | whom may adopt this COVID Safety Plan for their    |
| the person responsible for the COVID-19 Safety Plan at     | venue.   |
| each location.   |  |
| Select your business type                                  | COVID-19 Safe outdoor gatherings                   |
| Completed by   |  |
| Full name  | Edward Ferguson                                    |
| Email address  | Edward.ferguson@nsfa.asn.au                        |
| We will send a copy of the plan to your email.             |  |





### **REQUIREMENTS FOR ORGANISATIONS**

Requirements for your organisation and the actions you will put in place to keep your participants, volunteers and workers safe.

| Wellbeing of staff and customers  |  |
|---|--|
| REQUIREMENTS  | ACTIONS  |
| Exclude staff, performers and attendees who are unwell from the event.  | <ul> <li>Before participating in any football activity, we have advised all players, team officials, parents/carers and other club members they must not attend training or matches, if in the past 14 days if they have: <ul> <li>been unwell or had any flu-like symptoms, or</li> <li>been in contact with a known or suspected case of COVID-19, or</li> <li>any sudden loss of smell or loss of taste, or</li> <li>are at a high risk from a health perspective, including the elderly and those with pre-existing medical heath conditions.</li> </ul> </li> </ul> |
|   | We have advised that they should check the NSW<br>Government website for advice regarding the full list of<br>symptoms associated with COVID-19 infection:<br><u>https://www.nsw.gov.au/covid-19/symptoms-and-</u><br><u>testing</u>   |
| Provide staff with information and training on COVID-<br>19, including COVID-19 vaccination, when to get tested,<br>physical distancing, wearing masks, and cleaning. | We have worked with Football NSW to promote and<br>encourage the use of the following resources and<br>websites in order to obtain accurate information:   |
|   | <ul> <li>Australian Government Department of Health:<br/>https://www.health.gov.au/news/health-<br/>alerts/novel-coronavirus-2019-ncov-health-alert</li> <li>NSW Government Department of Health:<br/>https://www.health.nsw.gov.au/Infectious/covi<br/>d-19/Pages/default.aspx</li> <li>World Health Organisation:<br/>https://www.who.int/</li> <li>Australian Institute of Sport:<br/>https://ais.gov.au/health-wellbeing/covid-19</li> <li>Sport Australia: https://www.sportaus.gov.au/</li> </ul>  |
|   | Similarly, we have promoted the range of COVID-19<br>"campaign resources" produced by the Federal<br>Government, including posters outlining hygiene<br>practices (e.g. promoting thorough hand washing)<br>found at:<br><u>https://www.health.gov.au/resources/collections/coro</u><br><u>navirus-covid-19-campaign-resources</u>   |

| Wellbeing of staff and customers   |  |
|--|--|
| REQUIREMENTS   | ACTIONS  |
| Display conditions of entry including requirements to<br>stay away if unwell, COVID-19 vaccination and record<br>keeping.  | We will display posters, distribute and "share"<br>information about COVID-19 across our digital channels<br>and at appropriate locations around our club house and<br>venue.  |
|  | Where appropriate, we will identify and address<br>potential language, cultural and disability barriers<br>associated with communicating COVID-19 information<br>to players, members and other stakeholders.   |
|  | In conjunction with our state governing body, Football<br>NSW, we have developed and promoted amongst our<br>members and stakeholders, a range of resources on<br>COVID-19. These can be downloaded here:<br><u>https://footballnsw.com.au/covid-19-information/</u> |
| Take reasonable steps to ensure all people aged 16 and<br>over on the premises are fully vaccinated or have a  | We have widely publicised that only fully vaccinated adults and people with valid exemptions can attend.   |
| medical exemption (including staff, attendees and<br>contractors). For example, ensure posters outlining<br>vaccination requirements are clearly visible, train staff<br>on ways to check proof of COVID-19 vaccination status,<br>remind customers of vaccination requirements in<br>marketing materials. Guidance for businesses is<br>available at: https://www.nsw.gov.au/covid- | We have posters around our venue at the COVID-Safe<br>check-in points reminding attendees that the<br>vaccination requirements form part of the terms of<br>entry, and notifying them of the acceptable forms of<br>proof of vaccination.                            |
| <u>19/businesses-and-employment/covid-safe-</u><br><u>business/vaccination-compliance-for-businesses</u><br>Note: Staff outside of Greater Sydney who have   | Our staff and volunteers have been trained on ways to<br>check proof of COVID-19 vaccination status (or a valid<br>exemption) and what to do if someone refuses to be<br>checked or is not vaccinated.   |
| received one dose of a COVID-19 vaccine are permitted<br>to work until 1 November 2021 when they need to be<br>fully vaccinated.   |  |

| Physical distancing                                   |  |
|---|--|
| REQUIREMENTS  | ACTIONS  |
| Capacity at a 'COVID-19 safe outdoor gathering' must  | Competition Administrators and club officials have     |
| not exceed the lesser of 1 person per 2 square metres | considered the number of participants and fixtures so  |
| of space of the premises in which the activity is     | as to adhere to the maximum of 200 people per venue    |
| conducted, or 200 persons in total.                   | at one time for any 'COVID-19 safe outdoor gathering'. |
| Any use of changerooms or indoor communal facilities  |  |
| are subject to the 1 person per 4sqm rule, and masks  |  |
| are required to be worn in all indoor settings.       |  |
|   |  |

| Physical distancing   |   |
|---|---|
| REQUIREMENTS  | ACTIONS   |
| <ul> <li>Ensure 1.5m physical distancing where possible, including:</li> <li>at points of mixing or queuing</li> <li>between seated groups</li> <li>between staff.</li> </ul>   | We will encourage that only essential participants and<br>parents/guardians should attend matches. Senior<br>crowds should be minimised unless at a 'major<br>recreational facility' where we will implement the<br>Public Health Order and adhere to those guidelines<br>relating to limited capacity, ticketing, spacing of<br>spectators, the use of QR Code readers to record details<br>of attending patrons and so on.<br>We will take the necessary precautions to minimise the<br>risk of transmission including the dispersion of<br>spectators around the perimeter of the pitch and across |
|   | a range of viewing areas and designating the use of<br>specific seats/areas that meet physical distancing<br>requirements and erecting signage to advise.<br>We will encourage players and spectators to leave the<br>facility as soon as possible following the conclusion of<br>their training/games.   |
| Avoid congestion of people in specific areas where possible.  | We have multiple COVID-Safe check-in points to ensure<br>that there is no long lines or close proximity of<br>participants.   |
| Have strategies in place to manage gatherings that may<br>occur immediately outside the premises and in any<br>designated smoking areas.  | We will stagger arrival and/or departure times when<br>possible for different groups and teams, and within the<br>constraints of the venue design, manage entry and exit<br>points to allow a seamless flow of players/coaching<br>staff and parents/attendees through the venue to limit   |
| Singing and dancing by audiences is not allowed in indoor areas.<br>Patrons can only consume alcohol when seated in   | the risk of overlap and congestion.<br>Not applicable   |
| indoor areas.   |   |
| <ul> <li>Where practical:</li> <li>encourage private transport options to minimise crowding on public transport</li> <li>coordinate with public transport to minimise COVID-19 risks associated with transportation to and from the venue if crowding may occur.</li> </ul> | We are encouraging people to take private transport where possible.   |

| Ventilation  |   |
|--|---|
| REQUIREMENTS   | ACTIONS   |
| Review the 'COVID-19 guidance on ventilation' available  | We require masking whilst indoors, and we are limiting  |
| at https://www.nsw.gov.au/covid-19/getting-back-to-      | the number of people indoors at any time.               |
| work-a-covid-safe-way/ventilation-guidance and           |   |
| consider which measures are relevant to your premises    |   |
| before completing this COVID-19 Safety Plan.             |   |
| Use outdoor settings wherever possible.                  | Our sport is played outdoors.                           |
| In indoor areas, increase natural ventilation by opening | Wherever possible, we will maximise natural ventilation |
| windows and doors where possible.                        | by opening doors or windows.                            |

| Ventilation   |   |
|---|---|
| REQUIREMENTS  | ACTIONS   |
| In indoor areas, increase mechanical ventilation where    | Wherever possible, we will maximise natural ventilation |
| possible by optimising air conditioning or other system   | by opening doors or windows.                            |
| settings (such as by maximising the intake of outside air |   |
| and reducing or avoiding recirculation of air).           |   |
| Ensure mechanical ventilation systems are regularly       | Wherever possible, we will maximise outside air intake  |
| maintained to optimise performance (for example           | and minimise recirculation of air.                      |
| through regular filter cleaning or filter changes).       |   |
| Consider consulting relevant experts such as building     |   |
| owners or facility managers, ventilation engineers and    |   |
| industrial or occupational hygienists to optimise indoor  |   |
| ventilation.  |   |

| Hygiene and cleaning  |  |
|---|--|
| REQUIREMENTS  | ACTIONS  |
| Face masks must be worn by staff and customers in indoor areas, unless exempt.            | We require masking whilst indoors.   |
| Adopt good hand hygiene practices. Have hand<br>sanitiser at key points around the venue. | We will wipe down key spaces, surfaces and objects<br>(such as benchtops, door handles, team benches, keys<br>etc regularly).  |
|   | <ul> <li>Further we will: <ul> <li>Promote and provide hand washing guidance to all participants and volunteers <ul> <li>(https://www.who.int/gpsc/5may/How To Han dWash Poster.pdf);</li> </ul> </li> <li>Promote regular and thorough hand washing by volunteers and participants;</li> <li>Provide sanitising hand rub within the venue and refill regularly;</li> <li>Replace/refill soap in toilets regularly;</li> <li>Place bins around the venue.</li> </ul> </li> </ul> |
|   | We will provide hand sanitiser within the venue and<br>ensure it is regularly refilled.<br>We will encourage players, officials, volunteers, and/or<br>their parents/carers to carry personal hand sanitiser to<br>enable good personal hygiene.   |
| Ensure bathrooms are well stocked with hand soap and paper towels or hand dryers.         | <ul> <li>We will:</li> <li>Refill soap in toilets regularly.</li> <li>Refill paper towel dispensers in toilets when required.</li> <li>Place bins around the venue.</li> </ul>   |
|   | We will promote and provide hand washing guidance to<br>all participants and volunteers<br>( <u>https://www.who.int/gpsc/5may/How To_HandWash</u><br><u>Poster.pdf</u> ) and display hand washing guidance in all<br>toilets, changerooms and canteens within our facility.  |

| Hygiene and cleaning                                   |  |
|--|--|
| REQUIREMENTS   | ACTIONS  |
| Clean frequently used indoor hard surface areas        | We will clean frequently used spaces, surfaces and |
| (including children's play areas) at least daily with  | objects regularly.                                 |
| detergent/disinfectant. Clean frequently touched areas |  |
| and surfaces several times per day.                    |  |

| Record keeping  |   |
|---|---|
| REQUIREMENTS  | ACTIONS   |
| Use the NSW Government QR code system to collect an   | Our club utilises the Service NSW QR codes.               |
| electronic record of the name, contact number and   |   |
| entry time for all staff, attendees and contractors.  |   |
| Processes must be in place to ensure that people  | We have posters around our venue at the COVID-Safe        |
| provide the required contact information, such as by  | check-in points reminding attendees that the              |
| checking phones for the green tick to confirm they have   | vaccination requirements form part of the terms of        |
| checked in (keeping 1.5m physical distance between  | entry, and notifying them of the acceptable forms of      |
| staff and patrons). QR codes should be clearly visible  | proof of vaccination.                                     |
| and accessible including at entrances to the event.   |   |
|   | Our staff and volunteers have been trained on ways to     |
|   | check proof of COVID-19 vaccination status (or a valid    |
|   | exemption) and what to do if someone refuses to be        |
|   | checked or is not vaccinated.                             |
| If a person is unable to provide contact details, for   | We provide the opportunity for people who are unable      |
| example due to age or language barriers, another  | to check in electronically to check in manually, and then |
| person may provide contact details on their behalf. If it   | recorded in a spreadsheet.                                |
| is not possible for check-in to occur, keep a record of   |   |
| the name, contact number and entry time for all staff,<br>attendees and contractors for a period of at least 28 |   |
| days. These records must be provided in an electronic   |   |
| format such as a spreadsheet as soon as possible, but   |   |
| within 4 hours, upon request from an authorised   |   |
| officer.  |   |
| Other types of venues or facilities at the event must   |   |
| complete COVID-19 Safety Plans where applicable. If   | Not applicable.   |
| contact details are captured electronically upon entry  |   |
| to the event on the relevant day, additional collection   |   |
| of contact details via electronic methods may not be  |   |
| required if there is no other public access to the sub-   |   |
| premises. However, additional contact details and time  |   |
| of entry must be captured if the event has sub-premises   |   |
| that are gyms, entertainment facilities, hospitality  |   |
| venues, nightclubs and retail premises.   |   |
| I agree to keep a copy of this COVID-19 Safety Plan at  | The COVID-19 Safety Plan will be kept at the premises,    |
| the business premises   | and all staff and volunteers have been advised where to   |
|   | find it.  |