



COVID 19 Match Day Protocols

Northern Suburbs Football Association adopts the Football NSW Level C 'Return to Play' framework and guidelines. [Please click here to view.](#)

The following NSFA Match day protocols have been put in place to specifically refer to our football landscape.

Dressing Rooms & Referee's Rooms: All Changeroom facilities will remain closed until further notice, including both day and night.

Toilet Facilities: Will remain open. We recommend that individuals bring their own hand sanitiser to grounds as we cannot guarantee that facilities will have cleaning products in place.

Technical Area: Where team benches are permanent, the number of seats will be limited to ensure a minimum of 1.5 metres between each member of the coaching staff and substitutes. Where team benches are made up of moveable chairs, they will need to be positioned so that those seated are at least 1.5 metres apart.

Players: Players are expected to arrive in full kit, ready to play.

Spectators: May attend games but must adhere to social distancing requirements. Players and spectators are to leave the facility as soon as possible following the conclusion of their match.

Hygiene: The team manager is responsible for bringing hand sanitiser to each match. Hand sanitiser must be applied to all players and officials prior to the start of the match.

Drink Bottles: All participants are to provide their own clearly labelled drink bottle that is only used by that individual. No sharing of drink bottles will be permitted. Bubblers are off-limits; however, drink bottles can be refilled from a tap.

Ceremonial Walkout – Premier League, Super League & Diamond League

The walkout will still take place for Premier League, Super League & Diamond League. Players will enter the field of play with the match officials. Players will form one line; however, handshakes will not take place.



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Mens All Age Premier League & Division 2

- Interchange will be in place for the first Four (4) weeks of the PL season instead of substitution. This is to help players make the transition into competition football and to build up match fitness. From round Five (5), or July 27th, substitutions will be reimplemented as per Competition Regulations.
- MAA PL Only - During the first four weeks of the season, whilst the interchange rule is in place, only one stoppage of time is permitted in the last 10 minutes. During this stoppage, the team can make as many interchanges as they like. If a player is injured within the last 10 minutes and the team has used their interchange, they are not permitted to replace the injured player on the field (interchange) unless that player is the goalkeeper. This rule is to stop 'time wasting'.
- No NSFA Premier League / AA2 squad are permitted more than Four (4) players that have been registered for a National Premier League (NPL) Club in the calendar year of 2020. NSFA Clubs are required to submit to the NSFA Competitions Department details of any NPL players they wish to register prior to the players first match.

Player Eligibility

- Players can now play up to eight (8) matches in a higher division in the same age group than that in which they are registered and continue to play in their registered team/squad. The limit was previously set to six (6) matches.
- As per the regulations Senior Mixed Over 35 and Over 45 may play an unlimited number of matches in a higher division as they are currently in a trial period as they transition from squads to single teams.