



COVID-19 SAFETY PLAN

Club	Willoughby Dalleys Football Club
Ground Location	Willoughby Park Oval #1 Willoughby Park Oval #2 Mowbray Road Public School Chatswood High School Oval
Club Secretary & COVID-19 Safety Coordinator	Bob Tomasic
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Version	Version 1 – dated 01/06/2020
Bob Tomasic is responsible for this document	

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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Willoughby Dalleys Football Club (Northern Suburbs Football Association) to support Willoughby Dalleys Football Club (“the Club”) and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of The Club, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at The Club’s facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on the Club’s return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process the Club must consider and apply all applicable State and Territory Government and local restrictions and regulations. The Club needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

The Club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Management Committee of Willoughby Dalleys Football Club is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Management Committee has appointed the following person as the Club's COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Bob Tomasic
Contact Email	secretary@wdfc.com.au
Contact Number	0407 950 626

The Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by the Club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

As at the date of this Plan, participants are training at Level B of the AIS Framework (Football NSW – Stage1). The Plan outlines specific sport requirements that the Club will implement for Level B and Level C of the AIS Framework.

The Club will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVIDSafe Australia

The Club will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Level A: Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

5. Recovery

When public health officials determine that the outbreak has ended in the local community, the Club will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. The Club will also consider which protocols can remain to optimise good public and participant health.

At this time the Management Committee of Willoughby Dalleys Football Club will consult with key stakeholders (Football NSW, Northern Suburbs Football Association & Willoughby City Council) to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The Club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> • NSW State Government approval of the resumption of community sport training. • Relaxation of public gathering restrictions to enable training to occur. • Willoughby City Council approval for training at venue, if required. • Football NSW & Northern Suburbs Football Association approval of return to training for community sport. • Club committee has approved return to training for club. • Insurance arrangements confirmed to cover training. 	<p>The Club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable training to occur. • NSW State Government approval of the resumption of community sport competition. • Willoughby City Council approval for competition/training at venue, if required. • Football NSW & Northern Suburbs Football Association approval to return to training/competition for community sport. • Club committee has approved return to competition for club. • Insurance arrangements confirmed to cover competition.
Training Processes	<ul style="list-style-type: none"> • Club to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train. • Length and scheduling of training sessions to reduce overlap with 15-minute overlap between sessions. • No person to person contact training drills to be conducted. • No more than 10 people to be involved in a drill. • Social distancing to be implemented – 1.5m. • 10 people to be in a spacing so that there is no more than 1 person per 4 square metres. • Any handling of equipment to be kept to a minimum. • Heading of a ball may occur during the natural process of a drill, for example a ball being crossed. However, practising of heading by picking up the ball and throwing should be discouraged. 	<p>AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact.</p> <ul style="list-style-type: none"> • For larger team sports, consider maintaining some small group separation at training. • Limit unnecessary social gatherings. • Clearly outline nature of training permitted. • Access to treatment from support staff. • Sanitising requirements continue from Level B. • Treatment of shared equipment continues from Level B. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Training/playing attendance register kept.

	<ul style="list-style-type: none"> • Throw ins are to be discouraged. • No usage of changerooms, wet or inside areas. • Only essential people are to attend training sessions (i.e., players, coaches and volunteers involved and one parent/guardian per child). • Spectators are not permitted. One parent/guardian is permitted for supervision purposes and if feasible they are encouraged to wait in car/outside training grounds. • If training bibs are used, each individual player is to be allocated a bib and each is required to take the bib home and wash. • Regular breaks are to be taken for rehydration and hand sanitising. • Players are to enter the training pitch and venue in a coordinated manner minimising contact with others and not gathering in large groups. • No contact including high fives/hand shaking, no socialising or group meals. • Hand sanitising to be used prior to and after every training session. stations. • Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • No sharing of personal equipment. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Guidance for travel arrangements (e.g. physical distancing on public transport, limit car pool/taxi/Uber use). • Players are not to arrive more than 15 minutes prior to training commencement, and if arriving by car, remain in the car until 5 minutes before training to avoid gatherings. • Players are to come prepared for training – change rooms will not be in use. • Training attendance register kept. • Players to leave the venue immediately once their training session has concluded. 	
Personal health	<ul style="list-style-type: none"> • Graded return to sport to avoid injury. 	Requirements continue from Level B.

	<ul style="list-style-type: none"> • Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Washing of hands prior to, during and after training and use of hand sanitiser where available. • Checking of temperatures for Senior players • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. • Launder own training uniform and wash personal equipment. 	
Hygiene	<ul style="list-style-type: none"> • Any safe hygiene protocols distributed by FFA/Football NSW or NSFA will be adopted by club. • Guidelines for sanitisation and cleaning. 	Hygiene and cleaning measures to continue from Level B].
Communications	<ul style="list-style-type: none"> • The Club will brief players, coaches, members, volunteers and families on Level C protocols including hygiene protocols via: <ul style="list-style-type: none"> – Club emails – Group WhatsApp messages – Regular Facebook posts – Updated COVID-19 Information page on the Club's website • The Club will continue its endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app. • The Club will promote good personal hygiene practices in and around training sessions and in Club facilities (e.g. via posters in bathrooms). 	<ul style="list-style-type: none"> • The Club will brief players, coaches, members, volunteers and families on Level C protocols including hygiene protocols via: <ul style="list-style-type: none"> – Club emails – Group WhatsApp messages – Regular Facebook posts – Updated COVID-19 Information page on the Club's website • The Club will continue its endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app.

Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow use of club facilities at Level B:</p> <ul style="list-style-type: none"> • NSW State Government approval of the resumption of facility operations. • Willoughby City Council approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage. 	<p>The club must obtain the following approvals to allow use of club facilities at Level C:</p> <ul style="list-style-type: none"> • NSW State Government approval of the resumption of facility operations. • Willoughby City Council has given approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage.
Facilities	<ul style="list-style-type: none"> • Hygiene and cleaning protocols (refer below) • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions 	<ul style="list-style-type: none"> • Return to full use of Club facilities. • Hygiene and cleaning protocols measures as per Level B. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions as per Level B].
Facility access	<ul style="list-style-type: none"> • Senior participants will have their temperature checked via an approved infrared thermometer prior to training. • Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> – COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. – Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). – Travelled internationally in the previous 14 days. • Only essential participants & volunteers should attend to minimise numbers; not more than one parent/carer to attend with children; gathering numbers should not exceed government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people)) 	<p>Continue Level B protocols as appropriate.</p> <ul style="list-style-type: none"> • Only essential participants & volunteers should attend to minimise numbers; not more than one parent/carer to attend with children; gathering numbers should not exceed government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people)) • Any spectators should observe physical distancing requirements (>1.5 metres) and density requirements (one person per 4 square metres). • Managed access including separate entry/exit points, managed traffic flows, stagger arrival/departure times. • Non-essential personnel to be discouraged from entering change rooms. • Physical distancing protocols including use of zones in clubrooms, change rooms, bar/canteen including by use of physical zone indicators.

	<ul style="list-style-type: none"> • Any spectators should observe physical distancing requirements (>1.5 metres). • Detailed attendance registers to be kept for each session for all player participant & volunteer/coaches. 	<ul style="list-style-type: none"> • Bar/canteen operations to include food and cash handling protocols, hygiene and cleaning measures and established zones. • General advice on physical distancing in club facilities will be provided including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings. • Detailed attendance registers to be kept for each session for all player participants & volunteer/coaches.
Hygiene	<ul style="list-style-type: none"> • Any safe hygiene protocols distributed by FFA/Football NSW/NSFA will be adopted by club including: <ul style="list-style-type: none"> – Hand sanitiser will be available before and after training. – All shared equipment will be sanitised with disinfectant. – High touch surfaces will be regularly cleaned with disinfectant – Posters will be displayed outlining relevant personal hygiene guidance. – Equipment such as water bottles, bibs & goal keeping gloves are NOT to be shared. – Each participant is to provide their own water bottles which is clearly labelled and is used by that individual only. – Each participant is to take their training bib home to wash individually. – No sharing of pens or clipboards. Each volunteer must bring their own. – Suitable rubbish bins will be provided for regular waste disposal. – Changerooms will be unavailable for use unless public toilets are not available. 	Continue hygiene and cleaning measures as per Level B.
Management of unwell participants	<ul style="list-style-type: none"> • Isolation/medical requirements for all players, members, volunteers and their families at the onset of any symptoms including club facilities that can be used to manage symptomatic participants. • Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants. • Infected player/parent/ guardian to notify the Club's COVID-19 Safety Coordinator who will notify NSFA & NSW Health. The Club & NSFA will 	Measures as per Level B.

	<p>contact all members that may have come in contact with the positive COVID-19 individual.</p> <ul style="list-style-type: none"> • NSFA will provide NSW Health & Football NSW. 	
Club responsibilities	<p>The club will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per the Plan. • The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance. • Coordination of Level B field and training operations. • Operation of the club's facilities in support of all Level B training activities in accordance with this Plan. 	As per Level B.